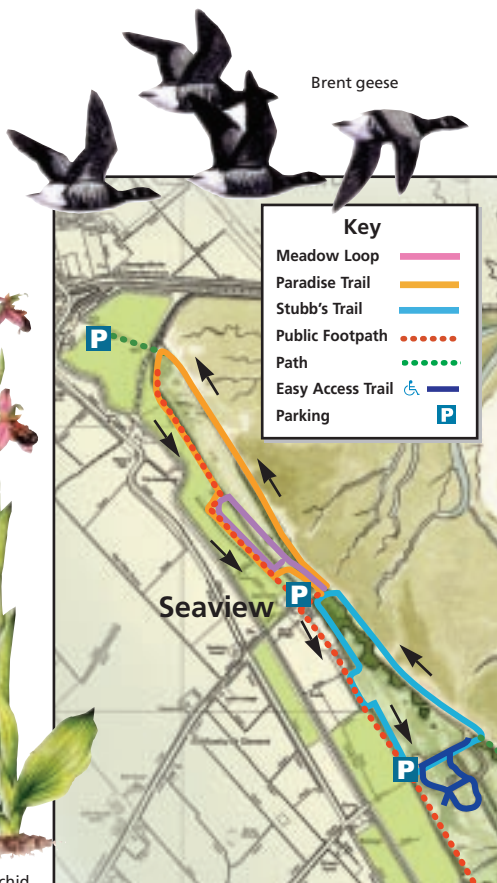
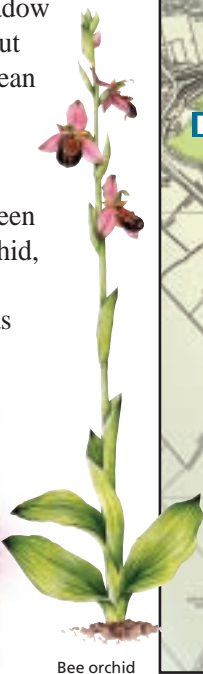


This part of the reserve is protected from the sea by the saltmarsh that has grown up in front of the dunes. The three trails described in this leaflet offer the chance to see a variety of unusual habitats and rare wildlife particular to this part of the Lincolnshire coast.

1. The meadow loop

The first trail is a short walk around one of the few traditional hay meadows remaining on this coast. The meadow is maintained by an annual hay cut followed by grazing with Hebridean sheep. This management allows the flowers to compete with the grasses and a glorious display of orchids and other plants can be seen in early summer, such as bee orchid, early purple orchid, yellow rattle and knapweed. Butterflies such as common blue, ringlets and small skippers visit these flowers.



2. Paradise trail

This trail crosses the sea buckthorn covered dune ridge and turns left along the edge of the saltmarsh, where in late summer sea lavender and thrift brighten the landscape, and skylarks can be heard singing from their mid-air songposts. In winter wading birds such as redshank, and wildfowl such as brent geese, visit the saltmarsh to feed. At the Paradise end of the reserve, the trail cuts back behind the dunes and through the Lincolnshire Wildlife Trust's (LWT) wildflower meadows to join up with trail 1.

Redshank



Getting there

The sea view car park is signposted off of the A1031, opposite the B1200 to Saltfleetby St. Clements. There are bus services running Mon-Sat from Grimsby, Louth and Mablethorpe.

Walks Information

1. Meadow Loop

Distance: 1km - 30 minutes

Difficulty: Easy. Gentle slopes.

Features of interest: Meadow, dunes.

2. Paradise Trail

Distance: 2km circuit - 1 hour

Difficulty: Easy/medium. Gentle slopes, can be slippery along saltmarsh path.

Features of interest: Meadows, dunes and saltmarsh.

3. Stubb's Trail

Distance: 2km circuit - 1 hour

Difficulty: Easy/medium. Gentle slopes, can be slippery along saltmarsh path.

Features of interest: Dunes and saltmarsh.

Map reference

OS Explorer 283 – Louth & Mablethorpe

- Please keep to the marked paths and keep dogs on a lead or under close control



3. Stubb's trail

Heading south from the car park, this trail follows the public footpath at the back of the dunes. Plants to look out for in this grazed coastal grassland include viper's bugloss and great mullein. Temporary pools are maintained here for the rare natterjack toad. The path offers good views over the grazing marshes recently bought by the LWT that border the reserve. At the Rimac entrance further trails can be explored, or turn left and follow the path out to, and back along the edge of the saltmarsh.



Natterjack toad



Sea lavender